

WODOC OUTDOOR
WINTER SCHEDULE 2004
JANUARY • FEBRUARY • MARCH

SUN 1/25 10:00am

Sooky Goldman Nature Center

HEALING MOTHER EARTH A ceremonial walk around Franklin Canyon Lake, inspired by Chief WOABLEZA of the Spiritual Elders of Mother Earth (to heal ourselves, and Mother Earth) Optional Video to follow. 1.5hrs WODOC

EVERY TUESDAY 11am

Sooky Goldman Nature Center

Botanical Drawing Workshop Join a congenial group interested in accurately drawing and painting plants while learning more about our native flora in a relaxed environment. Reservations required. Group size is limited. Call 323-656-3899 to reserve. Donation of \$3.00 per session suggested (optional). Every Tuesday 4hrs WODOC.

SUN 1/18 11am

Sooky Goldman Nature Center

Nature Journaling Wintertime Glories of Franklin Canyon. Renew your spirit through nature journaling. Keeping a nature journal can enhance the way you look at the natural world around you, providing you with a record of your observations, thoughts and feelings. Bring a sketchbook or pad, pencil, pen, and a small folding stool or chair for your comfort. 2hrs. WODOC

January 2004

SAT 1/3 10am

Sooky Goldman Nature Center

WODOC and the Movies Tour areas that have been the sites of many movie and TV productions in Franklin Canyon. See how the industry helps preserve the environment. 2hrs WODOC

SUN 1/4 9am

Sooky Goldman Nature Center

Aerobic Trek Get in shape while enjoying the great outdoors. 1.5 hrs WODOC

SUN 1/4 9am

Sooky Goldman Nature Center

Nature Rambles Join an experienced naturalist on a moderate nature walk. Discuss plants, birds, butterflies and other animals and their interactions with each other. Binoculars and magnifiers suggested. 2hrs WODOC

TUES 1/6 11am

Sooky Goldman Nature Center

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TUES 1/6 5:30pm

Franklin Canyon Ranch

Nearly Full Moon Hike Explore the canyon by moonlight on a moderately strenuous hike.

Look and listen for Franklin Canyon wildlife and enjoy a spectacular view of the city from atop the canyon trail. Lots of fun for all ages. 2hrs WODOC

SAT 1/10 9am

Franklin Canyon Ranch

Everyday is Earthday Explore the splendor of Franklin Canyon on a moderately paced hike. Learn ways to protect the environment. 2hrs WODOC

SAT 1/10 4:00pm

Sooky Goldman Nature Center

Evening Birds Birds are very active in the evening. Join us for a casual sunset stroll. Bring binoculars. Beginning birders welcome. 2hrs WODOC

SUN 1/11 10am

Sooky Goldman Nature Center

Hike with MIKE and Frisbee Toss Explore plants, animals and the local Native American culture on this fun hike with Mike, followed by a fun frisbee toss. Families welcome! 2hrs WODOC

SUN 1/11 2pm

Franklin Canyon Ranch

Photo Fun in Franklin Canyon An experienced photographer will help you find unique views and photo opportunities or just enjoy the peaceful, easy paced hike. Reservations Required Call (310) 858-7272 ext. 131. 2hrs WODOC

TUES 1/13 11am

Sooky Goldman Nature Center

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SAT 1/17 9am

Sooky Goldman Nature Center

Plant Adventures Meander around Franklin Canyon Lake and discuss plants and insects living together. Bring food for a snack after the hike. 3hrs WODOC

SUN 1/18 11am

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SUN 1/18 2pm

Sooky Goldman Nature Center

Sculpture with Shahin Come express your creativity in this ongoing sculpture workshop. Students will learn to manipulate oil-based clay and make armatures and molds. \$5 materials fee. Reservations Required Call (310) 858-7272 ext. 131. 2hrs WODOC

TUES 1/20 11am

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WED 1/21 10am

Sooky Goldman Nature Center

Babes in the Woods A touch, feel, and smell walk for babes up to age 3, and their moms/dads. 1.5hr WODOC

SAT 1/24 8am

Sooky Goldman Nature Center

Birds of Franklin Canyon Bring sturdy shoes and binoculars for a guided tour of the birds of Franklin Canyon Lake. No dogs. Please meet at big parking lot below Sooky Goldman Nature Center. 2.5hrs WODOC

SAT 1/24 9am

Franklin Canyon Ranch

Nature Rambles Join an experienced naturalist on a moderate nature walk. Discuss plants, birds, butterflies and other animals and their interactions with each other. Binoculars and magnifiers suggested. 2hrs WODOC

SAT 1/24 3pm

Sooky Goldman Nature Center

Exercise for Health Are you diabetic, hypoglycemic or do you just need some exercise? Bring your testing equipment, water, a snack, sunscreen and wear comfortable shoes! Reservations Requested Call 310-858-7272 ext.131. 1.5 hrs WODOC

SUN 1/25 10:00am

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February 2004

SUN 2/1 9am

Sooky Goldman Nature Center

Aerobic Trek Get in shape while enjoying the great outdoors. 1.5hrs WODOC

TUES 2/3 11am

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THURS 2/5 6pm

Franklin Canyon Ranch

Nearly Full Moon Hike Explore the canyon by moonlight on a moderately strenuous hike. Look and listen for Franklin Canyon wildlife and enjoy a spectacular view of the city from atop the canyon trail. Lots of fun for all ages! 2 hrs WODOC

SAT 2/7 10am

Sooky Goldman Nature Center

WODOC and the Movies Tour areas that have been the sites of many movie and TV productions in Franklin Canyon Park. See how the industry helps preserve the environment. 2hrs WODOC

SUN 2/8 9am

Franklin Canyon Ranch

Nature Rambles Join an experienced naturalist on a moderate nature walk. Discuss plants, birds, butterflies and other animals and their interactions with each other. Binoculars and magnifiers suggested. 2hrs WODOC

SUN 2/8 2pm

Sooky Goldman Nature Center

Photo Fun in Franklin Canyon An experienced photographer will help you find unique views and photo opportunities or just enjoy the peaceful, easy paced hike. 2hrs Reservations Required Call (310) 858-7272 ext131 2hrs WODOC

TUES 2/10 11am

Sooky Goldman Nature Center

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SUN 2/15 10am

Sooky Goldman Nature Center

Hike with MIKE and Frisbee Toss Explore plants, animals and the local Native American culture on this fun hike with Mike, followed by a fun frisbee toss. Families welcome! 2hrs WODOC

SUN 2/15 11am

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Sculpture with Shahin Come express your creativity in this ongoing sculpture workshop. Students will learn to manipulate oil-based clay and make armatures and molds. \$5 materials fee. Reservations Required Call (310) 858-7272 ext131 2hrs WODOC

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WED 2/18 10am

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SAT 2/21 9am

Sooky Goldman Nature Center

Plant Adventures Meander around Franklin Canyon Lake and discuss plants and insects living together. Bring food for a snack later. 3hrs WODOC

TUES 2/24 11am

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SAT 2/28 8am

Sooky Goldman Nature Center

Birds of Franklin Canyon Bring sturdy shoes and binoculars for a guided tour of the birds of Franklin Canyon Lake. No dogs. Please meet at big parking lot below Sooky Goldman Nature Center. 2.5hrs WODOC

SAT 2/28 9am

Sooky Goldman Nature Center

Nature Rambles Join an experienced naturalist on a moderate nature walk. Discuss plants, birds, butterflies and other animals and their interactions with each other. Binoculars and magnifiers suggested. 2hrs WODOC

SUN 2/29 10am

Sooky Goldman Nature Center

Sacred Geometry, Fractals and Shared Forms in Nature How are the shapes of trees and rivers alike? Explore the Golden Mean, Fibonacci Sequence, Fractals as seen in nature and expand to a new dimension of awareness. Optional PBS special 1hr. Fractal video to follow. 2hrs WODOC

SUN 2/29 3pm

Sooky Goldman Nature Center

Exercise for Health Are you diabetic, hypoglycemic or do you just need some exercise? Bring your testing equipment, water, a snack, sunscreen and wear comfortable shoes! Reservations Requested Call 310-858-7272 ext.131. 1.5 hrs WODOC

March 2004

TUES 3/2 11am

Sooky Goldman Nature Center

Botanical Drawing Workshop Join a congenial group interested in accurately drawing and painting plants while learning more about our native flora in a relaxed environment. Reservations required. Group size is limited. Call 323-656-3899 to reserve. Donation of \$3.00 per session suggested (optional). Every Tuesday 4hrs WODOC

WED 3/3 10am

Sooky Goldman Nature Center

Babes in the Woods A touch, feel, and smell walk for babes up to age 3, and their moms/dads. 1.5hr WODOC

FRI 3/5 6:30pm

Franklin Canyon Ranch

Nearly Full Moon Hike Explore the canyon by moonlight on a moderately strenuous hike. Look and listen for Franklin Canyon wildlife and enjoy a spectacular view of the city from atop the canyon trail. Lots of fun for all ages! 2 hrs WODOC

SAT 3/6 10am

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SUN 3/7 9am

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Aerobic Trek Get in shape while enjoying the great outdoors. 1.5hrs WODOC

SUN 3/7 9am

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TUES 3/9 11am

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(optional). Every Tuesday 4hrs WODOC

SAT 3/13 9am

Franklin Canyon Ranch Site

Everyday is Earthday Explore the splendor of Franklin Canyon on a moderately paced hike. Learn ways to protect the environment. 2hrs WODOC

SAT 3/13 4:00pm

Sooky Goldman Nature Center

Evening Birds Birds are very active in the evening. Join us for a casual sunset stroll. Bring binoculars. Beginning birders welcome. 2hrs WODOC

SUN 3/14 10am

Sooky Goldman Nature Center

Hike with MIKE and Frisbee Toss Explore plants, animals and the local Native American culture on this fun hike with Mike, followed by a fun frisbee toss. Families welcome! 2hrs WODOC

SUN 3/14 2pm

Franklin Canyon Ranch

Photo Fun in Franklin Canyon An experienced photographer will help you find unique views and photo opportunities or just enjoy the peaceful, easy paced hike. Reservations Required Call (310) 858-7272 ext. 131. 2hrs WODOC

TUES 3/16 11am

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SAT 3/20 9am

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Plant Adventures Meander around Franklin Canyon Lake and discuss plants and insects living together. Bring food for a snack later. 3hrs WODOC

SAT 3/20 5:30pm

Franklin Canyon Ranch Site

Spring Equinox Hike Celebrate the Spring Equinox in Franklin Canyon. Hike up a moderate trail, discuss seasonal changes and identify planets and constellations. Meet at lower ranch parking lot. Binoculars optional. 3hrs WODOC

SUN 3/21 10am

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SUN 3/21 2pm

Sooky Goldman Nature Center

Water the Source of Life A walk to understand the importance of water in our bodies and on the earth and the latest water crystal research. Optional video to follow on Dam Building and the Colorado River. 2hrs WODOC

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